

Syllabus (academic year 2023-24) CLASS 1

SUBJECTS	PA – 1	HALF YEARLY	PA – 2	ANNUAL EXAM
ENGLISH LITERATURE	CH-1,2	CH-3,4, 5	CH-6,7,8	CH-9, 10,11
ENGLISH GRAMMAR	CH- 1,2	CH-3, 4+ PA-1	CH- 5,6,7	CH-8,9,10+ PA - 2
COMPOSITION		Picture composition		Picture Composition
	Subject Enrichment Activity-CH-2		Subject Enrichment Activity- CH-11	
HINDI LITERATURE	CH-1, 2, 3	CH- 4,6,9	CH-5,7,8,10	CH-11,12,13, 14, 15, 16
HINDI GR.	CH -1,2,3	CH-4,5,6	CH-7,8,9	CH-10, 11,12,13
COMPOSITION	Subject Enrichment Activity-CH-1	Picture Composition Subject Enrichment Activity – CH- 4 (Grammar) CH-16 (Literature)	Subject Enrichment Activity-CH-13(Grammar)	Picture Composition Subject Enrichment Activity - CH-18 AND 19 (GRAMMAR)
MATHEMATICS	CH-1	CH-2,3,7	CH-4,5,8,11	CH-6,9,10,12,13
	Subject Enrichment Activity-CH-13		Subject Enrichment Activity-CH-8	
E.V.S	CH-1,2,3,4	CH-5,6,7,8,9,10	CH- 11,12,13, 14	CH- 15,16,17,18,19
	Subject Enrichment Activity- 10		Subject Enrichment Activity- 15	
COMPUTER		CH- 1,2,3,4		CH- 5, 6,7, 8
VALUE EDUCATION		CH- 1,2,3,4,5,6		CH- 7,8,9,10,11,12
G.K		Page no. 1-32		Page no. 33-56

ART & CRAFT		Page no. 3 to 20 TREE (PAPER COLLAGE)		Page no. 21 to 40 PEN (PAPER FOLDING)
WORK EXPERIENCE		BIRD (paper folding)		FLOWER VASE (paper folding)
MUSIC		Action song Prayer song		Feast song Action song
		Greeting song Patriotic song		Patriotic song Greeting song
P.E	<p>*Warm up exercise *Counting exercise</p> <p>*Jumping exercise</p> <p>*Line making method</p> <p>*Benefits of Exercise *Small area games</p>	<p>*Warm up exercise</p> <p>*Sitting exercise</p> <p>*Stretching exercise</p> <p>*Drill and march</p> <p>Past</p> <p>*Track and field events</p> <p>*Benefits of drill and march past</p>	<p>*Warm up exercise</p> <p>*Twisting exercise</p> <p>*Rotation exercise</p> <p>*Major Games</p> <p>a. Football</p> <p>b. Badminton * Benefits of Athletic events</p> <p>* Personal Hygiene</p>	<p>*Warm up exercise</p> <p>* Benefit of major and minor games</p> <p>* Importance of Indoor and outdoor games * Major games a. Kho-Kho b. Throw ball * Minor Games a. Dodge ball</p> <p>b. passing ball</p> <p>c. standing Kho-Kho</p>
YOGA		<p>Sukshma vyayam</p> <p>Tadasana</p> <p>Triyak-Tadasana</p> <p>Kati -chakrasana</p> <p>Trikonasana</p> <p>Vimanasana</p> <p>Vrikshasana</p> <p>Virbhadrasana</p> <p>Padahastasana</p> <p>Moordhasana</p> <p>Savasana</p>		<p>Vajrasana</p> <p>Virasana</p> <p>Shashankasana</p> <p>Padmasana</p> <p>Vakrasana</p> <p>Butterfly- pose</p> <p>Chakki-chalanasana</p> <p>Utkatasana</p> <p>Breathing exercise</p> <p>Anulom- Vilom Pranayam</p>